G. R. S. 58]

Previous references.
Pris 3,4-08-(1-7)
Pris 08-08 (1-3)

1910-11
(Prisons)

Pris File No. 45-1910

Serial Nos. 1—6

Later references.
Pris 24-15 (1 to 6)
— 4-15 (1-6)

GENERAL AND REVENUE SECRETARIAT.

Serial Nos. 1—6

Part B for March 1911.

SUBJECT.

Modification of the scale of vegetarian diet to hard-labour Indian convicts of the Mysore Jail and the Bangalore Central Jail.

---

1. From the I.G. of Prisons. No. 86/36-08 dt 18.1.11.
States that the scale of diet recently sanctioned does not provide for a substantial food to the hard-labour convicts and proposes a revised scale of diet.

2. To the P. A. Resident No. Pol. 764 dt 17.2.11.
Forwards a copy of the revised scale proposed and enquires if the said scale may be adopted in regard to the hard-labour Indian convicts of the Mysore & Bangalore

GPB—5,000—22-10-10

P.T.O.

3. From the T. P. Resident. No. 1213 of 24. 2. 11.

Stating that the Workfield scale of diet proposed may be adopted for a period of one year.

4. From the I.G. of Prisons in Mysore. No. 252/6-11 of 25. 2. 11.

In continuation of his 1. recommends that prisoners at work may be given a ragi cake a piece during the 2 hours and states that this can be done if the Workfield scale of diet providing for an increased quantity of Ragi be sanctioned by Govt.

5. To the I.G. of Prisons. G.O. No. J 2598 of 13. 3. 11.

Sanctions the proposed scale of diet to be tried for a year in the Mysore Jail and the Bangalore Central Jail and calls for a report at the end of the period.

6. To the I.G. of Prisons. No. J. 2633 of 17. 3. 11.

- Invites attention to G.O. 5 cited - reference to this proposal in 1914.

G.R.S. 11] 1910

GENERAL AND REVENUE SECRETARIAT.

(Prisons)

NOTES.

Pro File No. 45 (0

FILE HEADING.

Modification of the new scale of Vegetarian diet recently sanctioned for the Mysore & B.C. Jails, in the case of hard labour convicts of those jails

From

The Inspector General of Prisons in Mysore

No. 86/31-08 Dated 18-1-11 Received 20-1-11

Diary No. 184	Enclos. 1	Spare Copies	Serial No. 1

BRIEF ABSTRACT OF LETTER.

States that the prisoners fed according to the scale of Vegetarian diet recently ~~prescribed~~ complain of the want of a sense of fullness & that they feel faint after a few hours of hard work, and recommends the adoption of the a modified scale of diet in the case of hard labour Indian Convicts.

NOTES AND ORDERS.

flag V

1 The new scale of Vegetarian diet, referred to, was ~~sanctioned~~ approved of by Govt in G.O No J 2566-7 98-3-09 and a ~~report as to its working was also called for after one year~~ it was directed that the experiment be tried for one year & a report submitted at the end of the period.

NOTES—First sheet.

GPB—15,000—2-4-09

G. S. S. 12]
General and Revenue Secretariat.

Pro File No. 45 of 1910

Serial No.

2 The diet was accordingly tried in the Mysore & B.C. jails for 1 year & a report was submitted to Govt by the I.G. of Prisons, stating that the new scale of diet was working fairly satisfactorily but that a general conclusion could not be arrived at unless another year's trial was given. Govt in G.O. No. J 3650 of 2-6-10 accordingly directed that the diet scale be tried in both the jails for another year & that a report as to the results, be submitted to Govt.

flag Y

flag R

3 The offg. I.G. of Prisons now reports that 'the prisoners fed on this scale of diet complain bitterly of the want of a sense of fullness & that they feel faint after a few hours of hard work' and strongly recommends the adoption of the modified scale of diet (now sent by him) in the case of hard labour Indian convicts.

~~Submitted with a draft sanction~~

4 The chief difference between the scale now proposed and the scale recently sanctioned is that the proportion of ragi is raised (from 15 to 20 oz) & the proportion of dhall lowered (from 7 to 4 oz) in the modified scale now proposed

Submitted for orders, with a draft approving of the adoption of the modified scale for 1 year (Cpl 29/1/4). The Residency will be written to after the draft order is approved.

139.

SW(11) 25/1

NOTE— Contn. sheet.

GPB—50,000—12-8-10

G. B. S. 12]
General and Revenue Secretariat.

File No. 45 of 1910

Serial No.

5 The new scale adopted in 1909 can not be regarded as an unqualified success, as though it certainly resulted in Economy, it did not give satisfaction to the prisoners. A scientific scale of diet fixed, no doubt, with due regard to the nutritive values of each ingredient but without reference to the habits of the prisoners can not be expected to give complete satisfaction. In this view the reversion to an increased scale of ragi and a smaller quantity of pulse recommended by the officiating I.-G. may be adopted.

6 It is also worth considering whether the small quantity of ghee allowed once a week prior to the adoption of the modified diet to vegetarian prisoners may not be allowed again to the prisoners as all of them are now fed on a purely vegetarian diet.

7 The Resd will also have to be consulted in regard to the C. of M. prisoners. This may be done after our own decision is arrived at.

Sec'y. 3/1/11

NOTE—Contn. sheet.

GPB—50,000—12-8-10

G. R. S. 12]
General and Revenue Secretariat.

Pers File No. 45 of 19 10

Serial No.

After Diwan's report to Resr.
Fwd/

8 The D'gs proposal may be adopted & the Residency addressed* =

(1st Cr)

CM 31/1/11
SH 31/1/11.

9 Submitted with a draft.
CB 11 8
3/2/11 SN
8/2

SH 8/2/11.

8/2
10 The D'gs proposal may be sanctioned. He writes from observation and personal knowledge of the working of the new scale of diet

Dewan

10066
8.2.11

KKM 6/2/11
CM
SH 8/2/11

Issue
CM 14/2/11
SH 14/2/11

1-

8/2/11

NOTE—Contn. sheet.

Put up a draft ... for ... meanwhile

GPB—50,000—12-8-10

G. R. S. 12]
General and Revenue Secretariat.

Pris File No. 45 of 1910

Serial No.	
2	To the J. A. Resident. No. Pol. 764 of 17. 2. 11. Forwards a copy of the modified scale of diet proposed by the D.G. and requires if the said scale may be adopted in regard to the hard labour Indian Convicts of the C.P. in Sth Bangalore May the draft order approving of the scale for trial for a year, issue? (Sd. W) 22/2/11 S.W.(II) The new scale is to take Effect from 1st April. We may wait for a week more by which time it is possible that the Res.t reply also may be received 22/2/11 SH
3	From the J. A. Resident. No. 1213 of 24. 2. 11. States that the modified scale of diet proposed may be adopted in the case of hard labour Indian Convicts of the Station for a period of one year. May the draft order issue now (Sd. W) 25/2/11 S.W.(II) 28/2/11 28/2/11 SH Issue MS 6/3/11 SH 6/3/11

Note—Contn. sheet.

GPB—50,000-12-8-10

G. R. S. 12]
General and Revenue Secretariat.

Pris File No. 45 of 1910

Serial No.

4

In Continuation of previous papers of the file

From the D.J. of Prisons. No. 252/6-11 & 25.2.11 (Received 28/2/11)

In Continuation of his letter no 86/31-08 & 18.1.11 re modified scale of diet for hard labour Indian Convicts, recommends that prisoners at work may be given a ragi cake apiece during the rest hour and states that this can be done if the modified scale of diet, providing for an increased quantity of ragi, be sanctioned by Govt.

Draft order sanctioning the modified scale of diet is before the Secy (Submitted on 28/2/11)

Ch. - 10
2/3/11
SW (11)

Secy in consn). 2/3/11

Return draft approving & submit to Govt

Ch
2/3/11
SW
6/3/11

The order sanctioning the modified scale of diet has just been issued. As the Supt of the Central Jail and the D.J. of Prisons, report that the concession of providing prisoners at work with a ragi cake could be shown if the modified scale of diet is sanctioned, their attention will, if approved, be invited to the G.O. in the matter. Draft letter is put up.

Ch. 10
13/3/11
SW-4
13/3

Jeyne Kor
14.3.11

2/3/11

NOTE—Contn. sheet.

GPB—55,0-11—27-4-0c

G. R. S. 12]
General and Revenue Secretariat.

Pris File No. 45 of 1910

Serial No.	
5	To the I.G. Prisons in Mysore. No. J 2598 & 13-3-11. Sanctions the modified scale which to be tried for a year in the Mysore Jail and the Bangalore Central Jail and calls for a report at the end of the period.

NOTE—Contn. sheet.

GPB—50,000—12-8-10

P. T. O.

G. R. S. 12]
General and Revenue Secretariat.

Pols File No. 1-5 of 1910

Serial No.	
6	To the Ld. Ppsions. N° 2633 & 17-3-11. Invite attention to R S cited reference to the proposal in R 4.

NOTE.—Contn. sheet.

GPB—55,0-11—27-4-10

1 J1845

No. 86 Ex. / 31-08 / Office of the Inspr. Genl. of Prisons in Mysore,

Dated Bangalore, the 18th January 1911.

Pris 45-10
81 no 1

From

P.S.Achyuta Rao Esqr.,

Offg. Inspector-General of Prisons

in Mysore, Bangalore.

To

C.S.Balasundaram Iyer Esqr., B.A.,

Offg. Secretary to the Government of H. H.

the Maharaja of Mysore, Genl. & Rev. Deptts.

Sir,

Adverting to correspondence ending with Government Order No. J.3650/Pris.68-09-2 dated the 2nd June 1910, I have the honor to report that from careful personal observation I find that the prisoners who are now fed according to the vegetarian scale of diet therein referred to complain bitterly of the want of a sense of fulness and that they feel faint after a few hours of hard work accustomed as they are in their own houses, however poor they may be, to a good substantial meal of ragi pudding.

2. I therefore strongly recommend the adoption of the annexed modified scale of diet in the case of hard labour Indian convicts in both the Jails of the State experimentally for one year from 1st April 1911.

3. I have to add that with the consent of Colonel Smyth, the scale now proposed was tried for six weeks in the case of 77 convicts selected from carpentry and other works in the Bangalore Central Jail and found to be satisfactory both as regards the health of prisoners and economy in the cost of diet.

I have the honor to be,

Sir,

Your most obedient servant,

P. S. Achyuta Rao

Offg. Inspector General of Prisons.

III
19/1 H. Bris 190 J1849

From
The Offg. Inspr. Genl. of Prisons in Mysore

To
The Offg. Secretary
~~to the~~ Govt. of Mysore
Gl. & Rev. Depts.

Dated 18th January 1911

Despatched

Received

General No. 86

No. 31-08

Enclosure No. one

Recommending the adoption of the annexed modified scale of diet in the case of hard labour Indian Convicts in the Jails of the State experimentally for one year from 1st April 1911 - for reasons stated.

GPB—2,00,000—12-4-09

2

Modified vegetarian diet scale proposed for adoption in the case of hard labour Indian convicts from 1st April 1910 in both the Jails of the State.

Ingredients.	Ounces daily.	Ounces weekly.	Remarks.
Rice	4	28	
Ragi	20	140	
Dal or bullarr ...	4	28	
Gingelly oil	3/16	1, 5/16	
Tamarind	½	3½	
Salt	¾	5¼	
Curry Powder	½	3½	
Onions	½	3½	
Vegetables.	6	42	
Firewood.	14	98	

Office of the Inspr. Genl. of Prisons in Mysore,
Bangalore, 18th January 11.

C. J. Cunningham

Offg. Inspector-General of Prisons.

4 3

G.R.S. 26] File No. 45-10

Serial No. 2

Diary No. of letter replied to 91845

Pol No. 714

General and Revenue Secretariat
(Prisons)
, *the* 19 .

To
The H.M. Resident in
Mysore

Date of issue 17-2-1911

Signed by
Mr. L.S. Balasundaram Iyer

Sir,

I am directed to invite your kind reference to the correspondence ending with this office letter No. Pol. 1021 dated the 2nd June 1910 regarding the continuance of the ~~new~~ new scale of diet

over.

SUBJECT.

diet for a further
period of one year
in the case of the
hard labour Indian
convicts of the Bangalore
central jail and
to state that the Supdt
I. G. of Prisons in
his report now
the two scale of diet
the prisoners fed
according to the new
scale of diet
complain usually of
the want of a sense of
fulness after meals and of
feeling of faintness that they feel faint
after a few hours
of hard work and he
therefore recommends
the introduction of a
modified scale of
diet from the 1st
April 1911 experimentally
for a period of one year — the chief feature of this scale
being an increase in the quantity of Ragi and a decrease in that allowed the quantity of pulses & the rice.

List of enclosures,

Nil

(enclosed herein)

Copied by

Examined by

GPB—20,000—12-8-10

5

G.R.S. 27]

GENERAL AND REVENUE SECRETARIAT.

(*Continuation Sheet draft form.*)

have observed

The Burdwan ~~Board~~ of the Inspector General's recommendation to open a Dispensary to the proposed scale of diet attached for one year and I also to request to be informed of the views of the Hon'ble the Resident as to whether the same scale may be adopted in the case of hard labour Indian convicts of the C & Station confined in the Burdwan Central Jail.

for a period of

Yours

Secretary

17/2/11

17/2/11

C.S. 118 SW (11)

3/2/11

Agreed

16/2/11

MGGPB—30,000—5-4-05.

III Pol. No. 1213 / 2178 Pol: 1423
24-2-11
Secy. Pol.
Pol 24-2-11
Mis 48-10-3

FROM

P. B. WARBURTON, ESQ., I. C. S.,
FIRST ASSISTANT TO THE RESIDENT IN MYSORE.

To

The Dewan of Mysore.

Dated Bangalore, 24th February 1911.

SIR,

With reference to Mr. Balasundaram Iyer's letter No. 764-Pol., dated the 17th February 1911, I am directed to say that there is no objection to the modified scale of diet now proposed being adopted for a period of one year in the case of hard labour Indian convicts of the Civil and Military Station who are confined in the Bangalore -- Central Jail.

I have the honour to be,
Sir,
Your most obedient servant,

P B Warburton

First Assistant Resident.

K.M.
23.2.11.

R. P. B.—21-1-1911.—4,000.

7 Pris 45-10-4

No. 252 / 6-11 Encl:1. Office of the Inspr. Genl. of Prisons in Mysore,

Dated Bangalore, 25th February 1911.

From

P.S.Achyuta Rao Esqr.,

Offg. Inspector-General of Prisons

in Mysore, Bangalore.

To

C.S.Balasundaram Iyer Esqr., B.A.,

Offg. Secretary to the Government of H.H.

the Maharaja of Mysore, Genl. & Rev. Deptts.

Sir,

In continuation of my letter No.86/31-08 dated the 18th ultimo, I have the honor to forward herewith copy of letter No. 150/F.34 dated the 20th instant from the Offg. Superintendent, Bangalore Central Jail, recommending that prisoners at work may be given a ragi cake a piece during the rest hour.

2. The concession recommended could be shewn if the increased quantity of ragi flour provided for in the Dietary scale, sent with my letter above referred to, is sanctioned by Government. The small quantity of 15 oz. of ragi now being given to every labouring prisoner does not admit of a portion thereof being used for luncheon cakes.

I have the honor to be,

Sir,

Your most obedient servant,

For Offg. Inspr. Genl. of Prisons.

T.C.G.

III
Sp. Br. 1911

19[illegible]

From The Inspr. Genl. of Prisons in Burma.

To The Secy. to Govt. Genl. & Rev. Dept.

Dated 25th February 1911.

Despatched

Received

General No. 252
No. 6-11.

Enclosure No. 1.

States that the concession of granting a piece of ragi cake to prisoners at work during the rest hour, could be shown if the increased quantity of ragi flour provided for in the dietary scale, is sanctioned by Govt.

GPB—70 reams—27-12-09

Letter No.150/F.34 dated the 20th February 1911 from T. Chokkanna Esqr., B.A., Superintendent, Central Jail, Bangalore, to P.S.Achyuta Rao Esqr., Inspector-General of Prisons in Mysore.

-:eeeeeeeeeeeeeee:-

I have the honor to bring to your notice that week after week at the Monday inspection, the demand for the midday ragi cake is becoming more pronounced especially among the prisoners who have to work at such exacting trades as coir ~~work~~ rope making, carpentry, digging, gardening &c.

2. The interval between the two meals prisoners are now given is a great deal too long for it to last the whole time.

3. I am therefore to request that wholesale luncheon in the shape of a ragi cake a piece may be ordered as early as practicable.

4. This allowance is sure to return itself in the shape of better work during the afternoon.

" C O P Y "

For Offg. Inspr. Genl. of Prisons.

T.C.C.

G.R.S. 28.]

File No. Pris 45-1a

Serial No. 15

7/3/11

Diary No. of letter replied to _____

Proceedings of the Government of His Highness the Maharaja of Mysore.

GENERAL AND REVENUE SECRETARIAT.

( )

, *the* 19

Date of issue _____

Signed by _____

READ--

letter No. 86/31-08 dt 18-1-1911 from the D.G. of Prisons in Mysore reporting that the prisoners fed according to the scale of Vegetarian diet prescribed in G.O No. J 2566-7 Pris 34-8-7 ~~ORDER THEREON—No.~~ dt 8-3-09 complain of the want of a sense of fullness and that they feel faint after a few hours of hard work, and recommending that a modified scale of diet as described in the margin ~~_____~~ may be

over

SUBJECT.

adopted in the case of hard labour
Indian convicts ~~in~~ ~~but~~ in the Bangalore jail &
~~Central~~ Mysore Jails

Order thereon:- J 2598/Pris 45-10-5 dy 13th 3-11 encl.

It is reported ~~The offg I.G. of Prisons states~~ that
the modified scale of diet as proposed ~~sent~~ by ~~him~~ the offg I.G. of Prisons
was tried for 6 weeks, ~~with the consent~~
~~of Colonel Smyth~~, in the case of 77
convicts with satisfactory results ~~and was found to be satis-~~
~~factory~~ both as regards the health of the
prisoners & economy in the cost of diet.
~~Govt~~ ~~consent~~ ~~to~~ In these
circumstances Govt are pleased
to approve of the proposal of the I G
of Prisons and accordingly direct
that the modified ~~sanctioned~~ scale ~~of Vegetarian~~
diet be experimentally tried for
one year in the case of hard labour
Indian Convicts of the Mysore & the jail
B.C. jails and a report, ~~as to the~~ on the
~~results~~ ~~of the trial~~, submitted at the end of the period.

DS Clerk 27/4/11
139

For Secretary

To ~~Col~~ Smyth
The I.G. of Prisons in Mysore
& ~~the Comptroller to GOI~~

copy sent by
D.O. Krishna Murthy
8-3-11

G.R.S. 26]

Pris File No. 45-10

Serial No. 6.

15/3/11

Diary No. of letter replied to

No. 2683.

General and Revenue Secretariat

(Pris)

, *the* 19 .

To

The Dy. Prisons in Mysore

Sir,

Date of issue 17-3-11

Signed by Mr B. Ramaswamaya

with reference to ~~the Prisons~~ your

~~Prisons~~'s letter No. 252/6-11 dt 25-2-11

recommending that hard labour

prisoners at work may be given

a Ragi cake a piece during

the rest hour and stating that

this concession could be shown

if the modified scale of diet

proposed in ~~his~~ letter No. 86/86-08 dt 18-1-11

were sanctioned, — I am

directed to invite your attention

over.

SUBJECT.

16/3

attention to Govt no no-12578
pvs 4.5-10-5 & 13.3.11
sanctioning the proposed
scale of diet.

I have &c
13/3/11
for Secy

(16-10) SW-15
13/3/11

List of enclosures,

Copied by

Examined by

GPB—20,000—25-9-10.